



Woodland Star Jog A-Thon

**17811 Arnold Drive
Sonoma, CA 95476**



JOG-A-THON THURSDAY, NOVEMBER 11, 2011

Schedule for Day of Jog-A-thon:

9:15 Set Up:

- Put up tables for check in (volunteers), pens for tracking laps and bracelets, and water table
- set up cones and
- PA System

Kick Off

10:15 to 10:45 - 1st and 2nd grades

11:00 to 11:30 - 6th, 7th and 8th grades

11:45 to 12:15 - 3rd, 4th and 5th grade

Each class should arrive **10 minutes** before their scheduled time to warm up and stretching.

12:30 Clean Up